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ALLEGHENY VALLEY SCHOOL / NORTHWESTERN HUMAN SERVICES  
PERSONAL CARE TRAINING  
TRAINING MODULE TEST

Instructions: Answer the following questions, complete the certification statement, sign and fill in your contract information. Return the completed form using information below.

1. In order for the individuals to look & feel their best at all times, staff must pay attention to what?
2. When brushing & flossing and individuals teeth, you must make sure you do what first?
3. While changing a resident's brief, do you lift the legs or roll from side to side?
4. Before bathing and individual, where do you check the water temperature from?

I, \_\_\_\_\_ (print your name) have read this module on  
\_\_\_\_\_ (date) and fully understand the document. I will receive one credit hour for  
reading this training module.

Your Signature	Date
Email	Phone#

Return Completed Form to:

rdailey@kfamilyolutions.org  
Or Fax: 610-527-8672

Questions Call:

877-384-1729  
(ask for Training Services Coordinator)