



Kaleidoscope

FAMILY SOLUTIONS INC.

A Message from our Executive Director:

Red, white and blue with stars and stripes too! It's the month to celebrate America. And, we get to be in summer fun with family and friends. Kaleidoscope is exceptionally busy this summer with events and activities in a wide array of genres. We strive to cover every interest for our individuals while keeping in mind the goals of greater independence and meaningful lives. Of course, we are always open to ideas. Please send them my way if you think of something we may have missed.

July's vision is to focus on the opportunity to form supportive relationships. This greatly correlates to our mission to foster socialization, friendships and new experiences. There are many ways to deepen relationships both internally and externally. For one, we can look at the people we already have in our lives, and identify areas in which we can add value. On the other hand, there are people in our communities that we may know briefly, or want to strengthen a connection. It could be by reaching out to schedule a meal, or even coffee and catch up. For some of our individuals who are working on reciprocity, I suggest doing a nice thing for a neighbor, friend, family member or someone new. I recently helped a person at the grocery store who needed to reach an item on a higher shelf. It may sound trivial, but in doing so, we started talking and realized that we had a lot in common. I will most likely run into this person now, since we live close by, and be able to familiarly say hello. Getting back to those we already know, try to evaluate ways to strengthen the bond. Moreover, just as important is the relationship we have with ourselves. How do we speak to ourself? Is it kind or judgmental? It's never too late to change the language to a more positive and "supportive" vibe.

Please cherish this time of warmth, colorful flowers and summer sounds. We can't wait to connect with you and those around us.

Warmly,
Dr. TaraColleen Macatee



A super-fun visit to the Carnegie Science Center!
Who knew that science could be so fascinating!



What a beautiful day at Knoebles Amusement Park! We got to hang out, enjoy food and rides, and even see a few shows.



An epic Talent Show in the books! Singing, dancing, artwork and more! Creativity at its finest!





YOU ARE AWESOME!

Mission Monday

is our space to thank providers who have given exceptional service to our individuals this month! We are grateful for you always.

WPA: WPA would like to nominate Sydney Fitzsimmons. Sydney leaves a wonderful first impression with not only her individuals, but her families. Sydney has the skills needed to think outside of the box and offer positive ideas for her clients. Sydney is very punctual, and enthusiastic. She shines when she is with her individuals, always supporting their conversations and ideas with excitement. Sydney shows you how much she genuinely cares. Her communication with the team is exceptional!

NEPA: NEPA would like to nominate Judy Gingrich. Judy has been a DSP working with KFS since 2021. She goes above and beyond when working with her individuals. She is always positive and her individuals and families love to work with her.

CPA: Rebecca Jennelle has been going out of her way to go and pick up an individual and then take him to work due to the transportation company not having drivers. She has also been helping an individual navigate appropriate behaviors while at the community pools.

EPA: Francis Love goes above and beyond in getting to event and helping to plan and communicates along the way. While at the events, Fran engages everyone in conversation while supporting her individual to the fullest. Thanks, Fran for your continued effort.

Lancaster: Heidi Sensenich has shown our team consistency, has outstanding communication skills, and takes initiative to find the best opportunities and resources for her individuals. Heidi always attends the group activities, and has not hesitated from day one. Thank you for all you do, Heidi!

NEXT: Mike Dobrowski has been patient and reliable when working with our individuals. This month, he has been awesome with helping us in event planning. We wanted to let him know that his patience and passion for what he does doesn't go unnoticed.



Too much laughing and silliness going on at these art groups every week!



The Summer Beach Bash raffle winners with big smiles!



Kristin braved a hot day to go cherry picking!



Amy, our chef extraordinaire, made this entire meal!

Praise for Kaleidoscope

"Sorry it's late but I wanted to thank you and everyone at KS for being so kind and caring about us. If it wasn't for you guys most of us can't get to go out and enjoy the day with friends and helpers. Many thanks to you all and bless you."

--Affectionately known as Uncle Doug

"I am very thankful for all the work that you do with Jackie. I feel safe knowing that you work with her and provide her with the best staff and services."

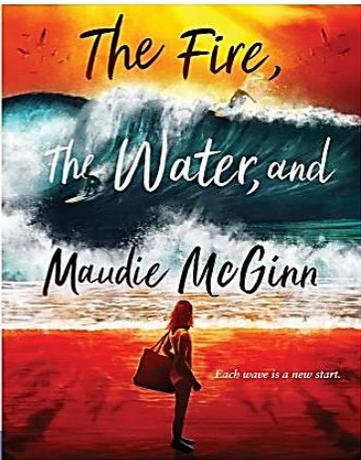
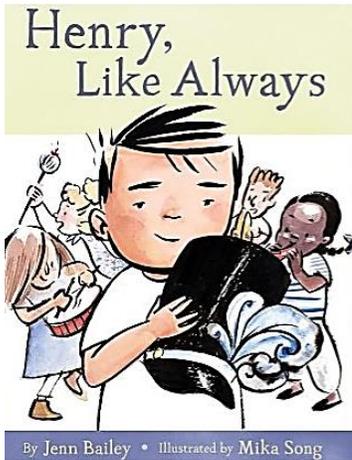
--Jackie's Mom

"Both Eleah and Teale were integral to Jill's winning the Gold at the Penn Charter Tournament! They made sure that Jill got to her tennis practices and Eleah was a terrific cheerleader for Jill at each one!"

--Jill's Mom

GOOD READS

Enjoy some book ideas that were both recent winners named by The American Library Association. With a focus on autism, each book shares a story that depicts overcoming struggles when faced with adversity. We are stronger than we think.



Sugar Cookie Flag Fruit Pizza

Ingredients

- 1 17.5 ounce package refrigerated sugar cookie dough
- 1 8 ounce package cream cheese, room temperature
- 1 cup powdered sugar
- 1 teaspoon vanilla
- Strawberries blueberries and whipped topping for decorating



Instructions

1. Preheat oven to 350 degrees.
2. Line a baking sheet with parchment paper. On the parchment, press or roll the cookie dough into a large rectangle. You may need to use flour to keep hands or rolling pin from sticking.
3. Bake the cookie for 15 to 20 minutes or until the edges are golden brown and the middle is cooked. Remove from oven and allow to cool completely before decorating.
4. In a medium bowl, beat together the cream cheese, powdered sugar, and vanilla. Mix until smooth.
5. Wash and dry the fruit. Slice the strawberries.
6. Spread cream cheese mixture evenly over the surface of the cookie. Decorate flag as shown with fruit.
7. Place whipped topping in a piping bag fitted with an open star tip.
8. Create white stripes with the whipped topping.
9. Refrigerate until ready to serve. Best if served immediately.

Submitted By Bette From Allentown



Kayla spent a beautiful afternoon with Heidi and Lacey the horse, on the farm!



Jeremiah attended a painting club at Lititz Library.

The world's largest water balloon and a trip to game center, Round1! The Lancaster crew gets around!



Fun Days to Celebrate in July!

- 1st: International Joke Day
- 3rd: Stay Out of the Sun Day
- 4th: Independence Day
- 7th: Global Forgiveness day
- 13th: National French Fry Day
- 16th: National Cherry Day
- 16th: World Snake Day
- 21st: National Junk Food Day
- 21st: Also, National Ice Cream Day
- 24th: Cousins Day
- 25th: Christmas in July
- 27th: National Disability Independence Day
- 29th: National Lasagna Day
- 29th: International Tiger Day



CONGRATULATIONS ARE IN ORDER!

The SPOTLIGHT is on Kim!

Meet Kim from our NEPA region. Kim lives with her parents, cat and puppy in the Richlandtown/Quakertown area. Kim is intrinsically motivated, and as soon as her provider arrives, she is ready to run out the door to workout at the YMCA (45 minutes on the treadmill and 30 minutes on the bike. She has a notebook where she writes down all activity at the YMCA, and is working on making smarter/healthy eating choices. Over a year ago, Kim was unable to walk up steps and used to be afraid of falling. Since she has been working diligently with her KFS providers, Kim fears no more and climbs steps independently. Kim's Clinical Coordinator, Tracy Berger loves getting emails from Kim, especially when she talks about how much she appreciates working with DSP, Amy Kloiber. After the gym, Kim goes to the library and checks out her newly setup social media accounts; and she enjoys looking up homes in the area through Google Earth. Since Kim is a fan of photography, Kim created a book of pictures of all the fun activities they do together.

When Kim is not at the gym or the library, you can find her making art projects, coloring stress relieving adult coloring books and attending her church. Kim's mom and dad have provided endless positive feedback and since Kim has increased her independence. With respite services, mom and dad were able to go on vacation for a few days. Kim's parents shared that Kim has received ample praise from church members, neighbors and friends in the community, stating they're so impressed with KFS services and the difference we have made in her life

Below is a picture of Kim and her DSP, Amy Kloiber. The next picture is her making a Mother's Day card at the library.

- Aidan helped to plant corn, potatoes, peppers, tomatoes, onions, garlic, and cherry pits in pots to make trees. That's impressive!
- Sara started a new job at Spring Haven Country Club where she is working at the snack bar, sanitizing tables and wiping beach chairs!
- Doug is a very private person and often does not choose to socialize. However, this past month he attended the event at the Science Center! This was a HUGE step for him since he just moved from Beaver County to Pittsburgh in May. He reported that he had a very fun time! (see photo below)
- Randy is new to KFS and he works very well with his DSP! He has a very large interest in film and is starting to make his own home movies!
- Mario is moving into a new apartment at the end of the week and he is very excited!
- Dallas got three strikes in one game! That's the most ever! Go Dallas!
- Wayne is beginning his journey back into the world of work. Go Wayne!
- James has been at ShopRite for 9.5 years! Wow!
- Donnie has been cooking up a ton! His favorites are cheese raviolis, egg salad, and chocolate chip cookies.
- Heba has been food shopping independently!
- India has been putting more effort into her art projects!
- Sara is taking Uber independently!
- Patti spent almost an entire week representing the Greater Philadelphia Autism Society at the Bridgeport Carnival!



This true beauty of friendship exemplifies our July vision!



That's Doug with our Christi grocery shopping!



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