



# Kaleidoscope Family Solutions Inc.

## Effective Communication

### Training Module Post-Test

Name: \_\_\_\_\_ Date \_\_\_\_\_

1.) What are the three basic, simple skills for good communication?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

2.) True or False (*please circle*) In conversations with others, verbal communication (what they say) is more significant than nonverbal communication (how they act).

3.) When we LISTEN, how can we show an approachable attitude? List five ways we can do this:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

4.) If we want to be effective communicators, when we are upset, we must recognize the importance of learning to \_\_\_\_\_ our anger.

5.) Three things we should AVOID when we are communicating with our children:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

6.) True or False: (*please circle*) Some children and young people do not communicate verbally, so we need to adapt our style of communication to their needs and abilities. \_\_\_\_\_

7.) In reference to helping to build the self-esteem of a child, medical research shows that there is one basic factor that contributes to the development of good self esteem. How can you do this?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8.) During the first year of life, a baby develops foundation skills. List five and explain:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

9.) \_\_\_\_\_ is the term used to refer to your child's ability to produce words that can be understood.

10.) One of the most effective practical things you can do to enhance communication development is to

\_\_\_\_\_