

# PROGRAM IMPLEMENTATION / ACTIVE TREATMENT IN ICF/MR

# Active Treatment

- As an employee, you will be an active member of an interdisciplinary team and will be involved in determining an individual's program plan/ISP and in providing active treatment.
- The core of ACTIVE TREATMENT is that every person has the capacity to grow and develop.

# Active Treatment (cont.)

- We must guarantee that each individual's program plan/ISP is developed so that they can acquire the skills to function as independently as possible and with as much self-awareness and understanding that is possible.
- We must also guarantee that each individuals' program plan/ISP is geared toward preventing or delaying regression or loss of their current functional status.

- When surveyors conduct surveys they observe the individuals' programming and review documentation to assure that we are providing active treatment consistently, with determination and on an ongoing basis for all the individuals we serve.



- Active treatment must be based solely on the individual and it must be meaningful, appropriate activities and opportunities for the individual.

# Programming

- Requirements of active treatment apply to individuals served in all ICF/MR programs, regardless of AGE.
- It has been found that many older individuals did not receive adequate and effective programming and training, in their earlier years.
- Therefore, ALL individuals are entitled to, and encouraged to become as independent and as functional as possible.

Development  
is life long.

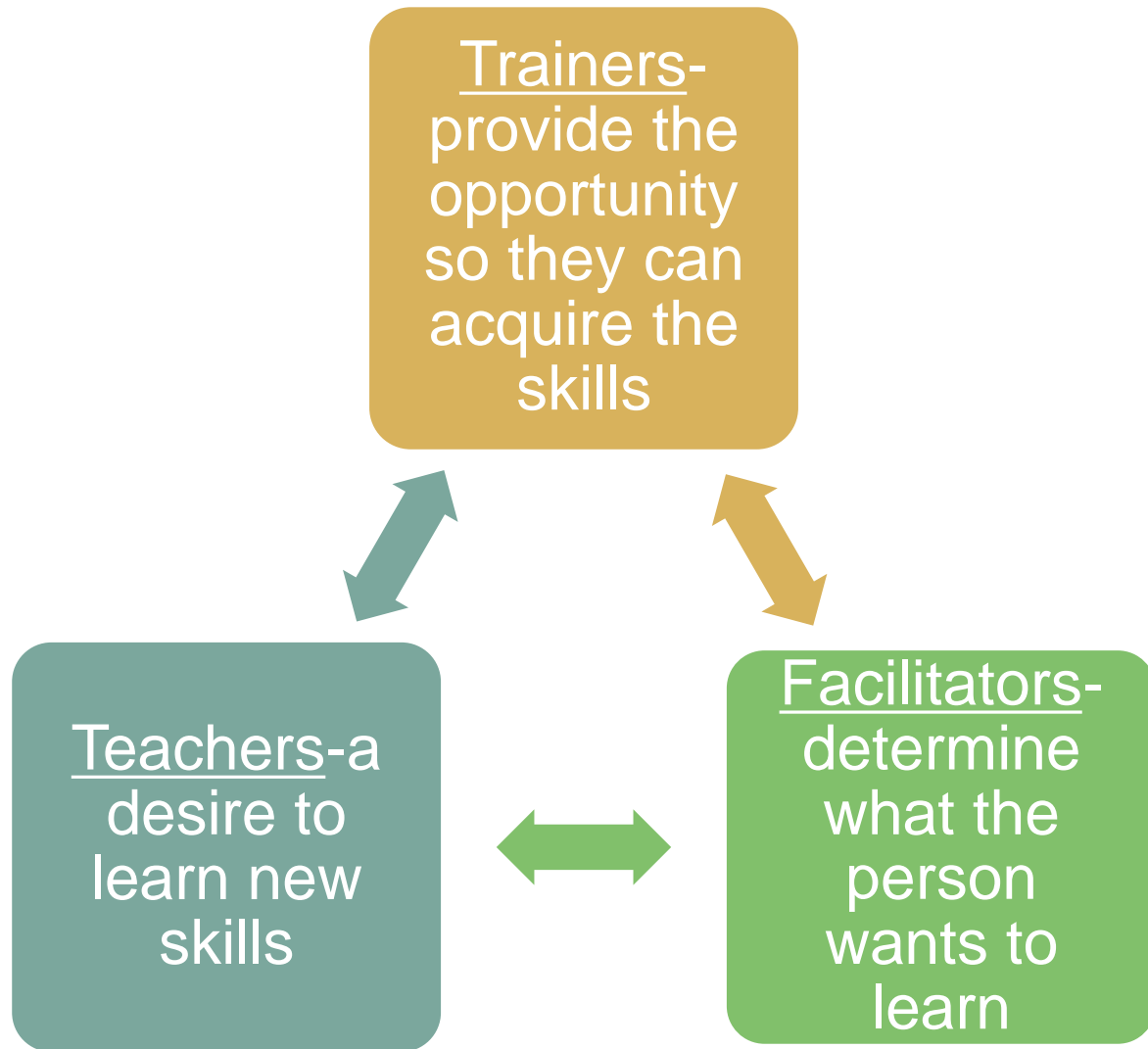


- We require that each individual receive active programming because we believe that **GROWTH** and **DEVELOPMENT** begins in infancy and continues through the entire life span of every human being.



# Teaching

- Although development is lifelong, people will not grow and develop unless their surroundings or environment PROVIDES THE OPPORTUNITY for it to occur.
- We must instill a desire to learn the skills, determine what the person wants to learn and then PROVIDE THE OPPORTUNITY AND THE TRAINING SO THEY CAN ACQUIRE THE SKILLS.



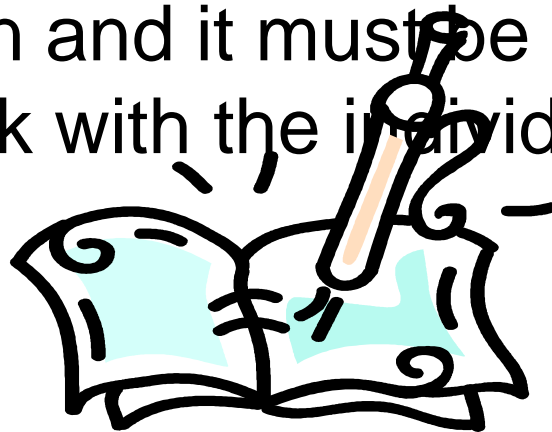


# Acquiring Skills

- When training the individual, the goal is to help them ACQUIRE, IMPROVE or GENERALIZE a particular skill.
- Decision making can be practiced and increased, as the individual acquires the skills.
- The most effective components of habilitation are those that are applied CONSISTENTLY.
- Goals must be implemented at every functional opportunity for each individual.

# Goals

- Your goal is to make sure the individual: becomes as independent as possible, is offered choices and is positively encouraged to succeed.
- This goal must be obvious in your documentation and it must be observable in your daily work with the individuals.



# Conclusion

- As an employee, you are responsible to provide individuals with an environment that encourages and consistently promotes active treatment.
- All Staff should be committed to promoting growth, development and well-being, while complementing and improving the life of the individuals we serve.

*Devised 10/08 DB*

*Approved 10/08 CE*

*Revised 5/09 CE*

