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ALLEGHENY VALLEY SCHOOL / NORTHWESTERN HUMAN SERVICES  
POSITIVE APPROACHES AND HEALTHY RELATIONSHIPS  
TRAINING MODULE TEST

Instructions: Answer the following questions, complete the certification statement, sign and fill in your contract information. Return the completed form using information below.

**Please circle the best answer to the following questions.**

1. The goal of this training is for everyone to learn techniques for improving:
  - a) Driving skills
  - b) Personal and professional relationships
  - c) Test scores
  - d) Take down techniques
  
2. The topic covered is Building Healthy Relationships, in any relationship it is Important to treat everyone with:
  - a) Dignity
  - b) Frustration
  - c) Respect
  - d) a & c
  
3. In the field of (IDD) Intellectual and Developmental Disabilities, we should remember in our working relationships with people we support that they deserve to be seen as:
  - a) someone who does not have an opinion
  - b) an adult regardless of their IQ
  - c) someone always needing assistance
  - d) someone for whom I need to always make decisions
  
4. As staff, we are role models for the people we support.
  - a) True
  - b) False
  
5. Not having human touch may be the cause of some challenging behavior.
  - a) True
  - b) False
  
6. We must learn to not take a person's behavior personally when supporting people with an IDD.
  - a) True
  - b) False
  
7. Which of the following are good tips for interacting with people with disabilities
  - a) Be polite
  - b) Offer assistance to the person, but wait until your offer is accepted before you help
  - c) Do not take the individual's behavior(s) personally
  - d) All of the above

Please circle the best answer to the following questions.

8. If a person has a speech impairment we should take the time to listen, rather than pretend we understand.
  - a) True
  - b) False
  
9. Active listening is important in the communication process.
  - a) True
  - b) False
  
10. Barriers to effective communication may include:
  - a) Failure to understand the message
  - b) Word selection
  - c) Different perceptions
  - d) All of the above

I, \_\_\_\_\_ (print your name) have read this module on  
 \_\_\_\_\_ (date) and fully understand the document. I will receive four credit hours for  
 reading this training module.

Your Signature	Date
Email	Phone#

Return Completed Form to:

rdailey@kfamilyolutions.org  
Or Fax: 610-527-8672

Questions Call:

877-384-1729  
(ask for Training Services Coordinator)